

# DISTRICT TOURNAMENT ETIQUETTE

Be on time – at least a half hour before the start of weigh-ins.

Check in with the head official.

(Introduce yourself if the head official is from another association)

Be Present for all weigh-ins.

Skin forms are required at weigh-ins and should be presented before the close of the weight class. They must be presented before the close of weigh-ins.

Ask each wrestler if they wear braces and ask to see mouth guard. Take a copy of the Rule Clarification with you. The plastic strips are not approved by the NFHS for use in wrestling.

Make a list of wrestlers needing grooming or need to show proper mouth guard and give to the head official.

Head Official shall attend coaches meeting and explain coach's timeout and possible results of such timeout.

Grooming and skin checks need to be thorough. The only allowed form is the OSAA approved form. No doctors notes. A doctor on site can override a skin check form.

(refer to District Weighin Guidelines for further information)

Every match is a big match, be ready for anything.

Always be support your fellow officials, even if the are from another association.

Do not **Fraternize** with **Coaches** or **Fans**.

Flagrant misconducts (ejections) will eliminate a coach or wrestler from State-use wisely.

Leave the gym immediately when the tournament is over for the day.

(try to leave the gym with other officials)

Remember, you are representing the best officials association in the state. We are always professional, we hustle and we look sharp.